# Ahmed Ameen Waheed, MD

## **Curriculum Vitae**

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2001 NE 48<sup>th</sup> Court, Suite 4, Fort Lauderdale, FL 33308.

## **Professional Experience:**

## 09/2019 – present

Active Member, Holy Cross Hospital Physician Administration Transition Advisory Team.

## 02/2018 – present

Active Member, Critical Care Advisory Committee, Holy Cross Hospital, Fort Lauderdale, FL

#### 08/2017 - present

Medical Director, Inpatient Dialysis Center, Holy Cross Hospital, Fort Lauderdale, FL.

#### 08/2013 - present

**Board Certified Nephrologist** 

The Kidney and Hypertension Group of South Florida, Fort Lauderdale, FL

#### 07/2011 - 6/30/2013

Nephrology Fellow (Chief Fellow from 7/2012 to 7/2013)

Jackson Memorial Hospital/University of Miami, Miami, FL

#### 07/2008 - 6/30/11

Hospitalist in Internal Medicine

Signature Healthcare Solutions Inc., Chicago, IL

Internal Medicine Hospitalist at Ingalls Memorial Hospital and Little Company of Mary Hospital, Chicago, IL.

#### 07/2007 - 06/2008

Associate Program Director-Internal Medicine Residency Training Program

Michael Reese Hospital/University of Illinois, Chicago, IL 60616

07/2006 - 06/2007

Chief Medical Resident Michael Reese Hospital/University of Illinois, Chicago, IL 60616 06/2003 – 06/2006 PGY-I- PGY III Internal Medicine Resident

Michael Reese Hospital/University of Illinois, Chicago, IL 60616

#### 05/2002 - 06/2003

Medical Officer Department of Public Health, Male', Maldives 04/2001 – 04/2002

House Officer/Internship in general medicine and surgery

Jinnah Post Graduate Medical Center, Karachi, Pakistan

## Education (Medical):

Bachelor of Medicine, Bachelor of Surgery (M.B;B.S.), graduated 10/2001 Sind Medical College, Karachi, Pakistan E.C.F.M.G. certified (permanent) American Board of Internal Medicine - Board certified

Nephrology – Board Certified

#### Academic Appointments:

#### 07/2016 - present

Affiliate Faculty at the University of Miami, Leonard M. Miller School of Medicine.

#### 06/2007 - 06/2008

Clinical Instructor/Teaching Faculty – Internal Medicine Residency Program, Michael Reese Hospital/University of Illinois at Chicago.

#### Medical School Honors/Awards and other Academic excellence:

2019 – Awarded America's Top Doctor by Castle Connolly Medical Ltd.

2019 – Invited lecturer at a CME event by British Virgin Islands Medical and Dental Council.

**2018** - Distinguished Electives Educator, George Paff Teaching Award, Uni of Miami Regional Campus.

**2016 – 2017** - Consultant of the year, Internal Medicine Residency Program, Uni of Miami at Holy Cross Hospital.

2008 - Richard Langdendorf Teacher of the year award, Internal Medicine Residency Program,

Michael Reese Hospital, Chicago, IL

2006 - Robert A. Weinstein Award for Excellence in teaching, Internal Medicine Residency

Program, Michael Reese Hospital, Chicago, IL

2005 - Among Top 2 awardees in the Research Fair of Michael Reese Hospital, Chicago, IL

2004 - Among Top 3 awardees in the Research Fair of Michael Reese Hospital, Chicago, IL

**2001** - Best results in Medicine (class size of 430) and Honors/Distinctions in Anatomy, Biochemistry and Medicine, Sindh Medical College, Karachi, Pakistan.

## **Publications:**

1- Adenoma mimicking hyponatremia of SIAD, Amro Ilaiwy, Novelette Elvia Thompson, Ahmed Ameen Waheed, BMJ Case Rep 2018. doi:10.1136/bcr-2018-226458.

2- Lupus vasculopathy: Diagnostic, pathogenetic and therapeutic considerations. Gonzalez-Suarez ML, Waheed AA, Andrews DM, Ascherman DP, Zeng X, Nayer A. Lupus. 2014 Jan 22.

3- Phosphate Control in End Stage Renal Disease: Barriers and Opportunities, Waheed AA,\* Pedraza F,\* Lenz O, and Isakova T. Nephrol Dial Transplant 2013; In Press.

4- Blood Pressure Recordings During Hemodialysis Access Interventions: Implications for Acute Management, Asif A, Castro H, Waheed AA, Kumar V, Haqqie SS, Siskin G, Mathew RO, Mason D, Vachharajani T, Nayer A, Merrill D, Akmal MU, Salman L, Semin Dial. 2013 Mar 28. doi: 10.1111/sdi.12083.

5- Maintenance Therapy of Lupus Nephritis: Do we now have a plan?, Lenz O, Waheed AA, Baig A, Pop A, Contreras G, CJASN 2012 Aug 23. PubMed PMID: 22917704

6- B-HCG-producing poorly differentiated carcinoma causing acute kidney injury, Ahmed A Waheed, Prodipito Pal, Yehia S Abdelwahed, Abdur Baig, Monica T Garcia- buitrago, Gabriel Contreras, J Am Soc Nephrol 23: 2012

7- Methotrexate Induced Nephrotoxicity, Abdur Baig, Gustavo Westin-Figueiredo, Ahmed Waheed, Dollie F Green, Oliver Lenz, J Am Soc Nephrol 23: 2012

8- Immunophenotypic analysis of cellular infiltrate of renal allograft biopsies in patients with acute rejection after induction with alemtuzumab (Campath-1H). Gallon L, Gasliardini E, Benigni A, Kaufman D, Waheed A, Noris M, Remuzzi G. CJASN. 2006 May;1(3):539-45. PMID: 17699257

9- Effect of Acute Inpatient Rehabilitation on Locomotion among Dementia patients, Journal of the American Geriatric Society, page S66, vol. 52, April 2004, P. Agnihotri, A Waheed, N. Anower, M. Delgado.

## **Presentations:**

1- A rare case of Clear Renal Cell Carcinoma in Patient with Autosomal Dominant Polycystic Kidney Disease (ADPKD); Sennhauser, Susie; Elfituri, Amin; Waheed A., Ahmed; ACP poster conference 03/2016

2- Takayasu's Arteritis: An Uncommon Cause of Renal Artery Stenosis and Therapeutic Considerations, Ahmed A Waheed, Sharad Virmani, Luis Ortega, Ali Nayer; Florida Medical Association Poster Symposium, Orlando, FL, July 2013.

3- Cyclophosphamide and Plasma Exchange for Lupus Vasculopathy, Maria Gonzalez-Suarez, Ahmed A Waheed, Darius Jahann, Ali Nayer, Florida Medical Association Poster Symposium, Orlando, FL, July 2013.

4- B-HCG-producing poorly differentiated carcinoma causing acute kidney injury, Ahmed A Waheed, MD; Prodipito Pal, MD; Yehia S. Abdelwahed, MD; Abdur Baig, MD; Monica T. Garcia-buitrago, MD; Gabriel Contreras, MD, ASN Kidney Week 2012 Annual Meeting, San Diego, CA, November 1-4, 2012.

5- Methotrexate Induced Nephrotoxicity. Abdur Baig, MD; Gustavo Westin-Figueiredo, MD; Ahmed Waheed, MD; Dollie F Green, MD; Oliver Lenz, MD, ASN Kidney Week 2012 Annual Meeting, San Diego, CA, November 1-4, 2012.

6- Multiple manifestaions of Cryptococcosis, R.Barigala, M.D., MPH, A.A.Waheed, M.D., Annual ACP meeting in Philadelphia, April 2006.

7- Adipsic hypernatremia, N.Mittal, M.D., A.A.Waheed, M.D., T.Mahmood, M.D., R.Malik, M.D., S.Hirsch, M.D., ACP Regional meeting for Illinois, November 2005.

8- Fatal case of Legionella Pneumonia, B.Swaminathan, M.D., MPH, A.A.Waheed, M.D.,

V.Madhanasekaran, M.D., MPH, ACP Regional Meeting for Illinois, November of 2005.

10- Relationship of anemia on inpatient rehabilitation outcomes, P. Agnihotri, A. Waheed,

M. Ahuja. Annual Conference of The American Congress of Rehabilitation Medicine

(ACRM) Board, American Society of Neurorehabilitation (ASNR), September 28-

October 1, 2005, Chicago, Illinois.

11- Effect of Acute Inpatient Rehabilitation on Locomotion among Dementia patients, P.

Agnihotri, A Waheed, N. Anower, M. Delgado. American Geriatrics Society's Annual

Meeting, in Las Vegas on May 18-20, 2004.

#### Professional License:

Florida Medical License (permanent)

## Professional Memberships:

American Society of Nephrology

American Medical Association

Maldives Medical Council

Volunteer Experience:

#### November 23, 2011

Organized and presented a seminar for the physicians and nurses at Indira Gandhi Memorial

Hospital, Maldives. Topic: Indications of continuous renal replacement therapy (CRRT) and how to provide effective dialysis treatment in the critically ill. This marked the initial implementation of CRRT at this hospital.

## 03/1991 - 05/2003

Society for Health Education, Male', Maldives

Volunteer worker

#### Language Fluencies other than English:

Written and conversational – Dhivehi and Urdu

Conversational – moderate Spanish

Reading and writing - Arabic

#### **Hobbies and Interests:**

Travel, Painting, and Soccer

References: Available upon request.